



Worksite Wellness Networking and Training Events

Add these future dates to your calendar!

January 18, 2018

How Health Can Impact the Bottom Line

*Featuring Toby Freier, president of
New Ulm Medical Center and
Jim St. Peter, plant manager at Firmenich*



Plan to bring your company leader
to this January event, too!

- All events will be held over lunch from 11:30 a.m. to 1 p.m. and will allow time for networking
- Venues will be announced later

April 12, 2018

Insurance Benefits 101

July 12, 2018

Healthy Food at the Worksite

October 11, 2018

Planning and Incorporating Community Resources Into Wellness Plans

January 10, 2019

Value on Investment:
Understanding Employee Wellness Needs

THANK YOU to all of the New Ulm-area worksite wellness leaders who are joining us each quarter to learn, share and find solutions to common challenges in building a culture of health at the worksite. Together we **can** make a difference.