

Join us for a Worksite Wellness Networking and Training Event

Successful Strategies for Offering Healthier Foods at Your Worksite



Many things influence individual eating habits, but the *availability* of healthful foods is high up on the list. You can help make it easier for employees to make healthier decisions by reducing the presence of unhealthful foods at your worksite, while increasing the availability of healthier options. Come discover some great strategies you can use!

■ Melissa Hoffmann from the Statewide Health Improvement Partnership (SHIP) will share information on how you can work with SHIP to incorporate healthier foods. She'll also discuss a unique new partnership between Brown County and Hy-Vee.



■ A representative from Hermel Vending will discuss healthier vending options and how they work.



■ Firmenich's Wellness Committee members will share how they have incorporated smoothies into their breaks.

July 12, 2018

Time: 11:30 a.m. to 1 p.m.

Location: German Park Pavilion*
200 N. German St., New Ulm

Cost: Bring your own lunch

RSVP: To ensure we have enough tasty samples, please RSVP by July 9 to info@heartsbeatback.org

* In the event of rain, the event will move to the break room at Firmenich; all registered participants will be informed of any location change via e-mail that morning.

After the presentations, enjoy free samples of healthier vending offerings and delicious fruit smoothies!

THANK YOU to all of the New Ulm-area worksite wellness leaders who are joining us each quarter to learn, share and find solutions to common challenges in building a culture of health at the worksite. Together we can make a difference.

